

From the authors:

We are grateful to C. Borland for his comments on our review of the $TLNO/TLCO$ ratio (the ratio of the transfer factor of the lung for nitric oxide *versus* carbon monoxide) [1] and its clinical applications. Undoubtedly, $TLNO$, on its own, has a role to play in accessing alveolar function in terms of the membrane diffusing capacity, DM . The calculation of pulmonary capillary volume (V_c), on the other hand, requires a value for Θ_{bICO} , the specific conductance of blood for carbon monoxide, and there is some doubt about its correct value. The $TLNO/TLCO$ ratio does not require knowledge of Θ_{bICO} .

An important difference between $TLNO$ and $TLCO$ is that $TLNO$ is not affected by changes in alveolar oxygen tension (PAO_2). Thus, as Borland points out, the $TLNO/TLCO$ ratio will fall if mean PAO_2 falls because of its dependence on the $DMCO/\Theta_{bICO}\cdot V_c$ ratio and the increase in the value of Θ_{bICO} . But, with the standard single breath technique, with a maximal inspiration and subsequent breath hold, there is not likely to be much variation in PAO_2 in those units “accessible” to the inspired test gas, whose oxygen fraction is between 0.18 and 0.21 depending on the test gas composition. In routine lung function no corrections have been proposed for PAO_2 inhomogeneity in the single breath $TLCO$ test.

C. Borland argues that units with a high alveolar ventilation to perfusion ($V'A/Q'$) ratio have a high DM/V_c since pulmonary capillary blood flow (and presumably capillary volume) is low in relation to alveolar surface area and volume, and this will increase the $TLNO/TLCO$ ratio. Because of its dependence on $DMCO/\Theta_{bICO}\cdot V_c$, the $TLNO/TLCO$ ratio will be further increased in high $V'A/Q'$ units by the rise in PAO_2 and fall in Θ_{bICO} ; thus, a rise in $TLNO/TLCO$ could be a marker for pathological processes involving the pulmonary circulation, including emphysema. We thank C. Borland for pointing this out. But, because of the nature of the single breath test, the rise in DM/V_c is likely to be more important than the fall in Θ_{bICO} .

The converse, that low $V'A/Q'$ (poorly ventilated but overperfused) regions will have a low DM/V_c ratio seems less likely, since $V'A/Q'$ and DM/V_c ratios are not directly related. $V'A/Q'$ depends on the ratio of flow rates, measured during tidal breathing; DM/V_c ratios, on the other hand, measured at full inflation during a breath hold, reflect, more or less, the ratio of alveolar membrane to capillary and red cell surface areas. As we point out in our review [1], this surface area ratio decreases as lung expansion declines (equivalent to a fall in the ratio of transfer coefficients for NO *versus* CO) and is the reason for the fall in $TLNO/TLCO$ in extrapulmonary restriction.

Finally, in cases of severe anaemia with very low haemoglobin levels, we take C. Borland’s point that $TLNO$ may be reduced.



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The $TLNO/TLCO$ ratio does not require knowledge of the specific conductance of blood for carbon monoxide <http://ow.ly/o324L>

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References

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