# European Respiratory Society Annual Congress 2013 

Abstract Number: 3518<br>Publication Number: P4361


#### Abstract

Group: 10.1. Respiratory Infections Keyword 1: Infections Keyword 2: Spirometry Keyword 3: Viruses


Title: Association of bronchial hyperresponsiveness and acute respiratory viral infections (ARVI)

Mrs. Gulchekhra 21394 Tashmetova tashmet-dr@mail.ru ${ }^{1}$ and Prof. Dilbar 21395 Makhmudova tashmet-dr@mail.ru MD ${ }^{1}$. ${ }^{1}$ Public Health, Tashkent Institute of Postgraduate Medical Education, Tashkent, Uzbekistan .

Body: Hyperresponsiveness is hypersensitivity of irritative bronchial receptors, when they respond with bronchospasm and appearance of wheezes in the lungs to the impact of specific and nonspecific stimuli. Aim. Determining the presence of bronchial hyperresponsiveness in patients who have had ARVI. Materials and methods. We examined 80 persons aged 20 to 60 years with ARVI including: men - 43, women - 37. In all patients we studied respiratory function (RV): measured vital capacity (VC), forced vital capacity (FVC), peak expiratory flow (PEF), forced expiratory volume in 1 second (FEV1), maximum flow rate at large bronchi (MEF75), maximum flow rate at secondary bronchi (MEF50), maximum flow rate at the level of the small bronchi (MEF25). Those patients (50), in which marked paroxysmal cough under normal RV we performed a test with beta-blockers to detect latent bronchial hyperresponsiveness. Results. Bronchial hyperresponsiveness was found in $62.25 \%$ of patients (53), of whom in $39.6 \%$ patients ARVI observed on the background of pneumonia (21) and in $22.6 \%$ men - on the background of acute bronchitis (12), the remaining $37.7 \%$ (20) had ARVI without complications. ARVI patients without bronchial hyperresponsiveness (47) had complication of pneumonia in $23.4 \%$ (11) and acute bronchitis - in 14.9\% (7). Conclusion: ARVI can be a predictor of bronchial hyperresponsiveness. With the development of complications of ARVI (such as pneumonia or acute bronchitis) there is an increase of cases of bronchial hyperresponsiveness.

