European Respiratory Society Annual Congress 2013

Abstract Number: 2798

Publication Number: 175

Abstract Group: 1.1. Clinical Problems

Keyword 1: COPD - management Keyword 2: Biomarkers Keyword 3: COPD - exacerbations

Title: The bronchitic phenotype is associated with frequent exacerbations in COPD irrespective of chronic bacterial airway infection

Prof. Daiana 10491 Stolz daiana.stolz@usb.ch MD 1, Prof. Wim 10509 Boersma w.boersma@mca.nl MD 2, Prof. Francesco 10510 Blasi francesco.blasi@unimi.it MD 3, Prof. Renaud 10511 Louis R.Louis@chu.ulg.ac.be MD ⁴, Dr. Joachim 10512 Aerts jaerts@amphia.nl MD ⁵, Prof. Tobias 10513 Welte welte.tobias@mh-hannover.de MD ⁶, Dr. Alicia 10514 Lacoma alicia.lacoma@gmail.com MD ⁷, Dr. Kostantinos 10518 Kostikas ktk@otenet.gr MD 8, Prof. Branislava 10523 Milenkovic branislava.milenkovic@kcs.ac.rs MD 9, Dr. Alicia 10525 Marin aliziamarin@yahoo.es MD 7, Dr. Janko 10526 Rakic janko.rakic@ksa.ch MD 13, Dr. Lucas 10528 Boeck lucas.boeck@usb.ch MD 1, Dr. Paola 10531 Castellotti paola.castellotti@gmail.com MD 3, Dr. Gernot G.U. 10532 Rohde g.rohde@mumc.nl MD 10, Prof. Antoni 10533 Torres ATORRES@clinic.ub.es MD ¹¹, Dr. Sabine 10538 Hertel sabine.hertel@thermofisher.com MD ¹², Dr. Sven 10544 Giersdorf sven.giersdorf@thermofisher.com MD ¹² and Prof. Michael 10550 Tamm michael.tamm@usb.ch MD 1. 1 Clinic of Pneumology and Respiratory Cell Research, University Hospital, Basel, Switzerland; ² Pneumology, Medisch Centrum, Alkmaar, Netherlands ; ³ Pneumology, IRCCS Policlinico, Milan, Italy ; ⁴ Pneumology, University of Liege, Liege, Belgium ; ⁵ Pneumology, Amphia Hospital, Breda, Netherlands; ⁶ Pneumology, Medizinische Hochschule, Hannover, Germany; ⁷ Microbiology, Hospital Universitari Germans Trias I Pujol, Badalona, Spain; ⁸ University, Thessaly Medical School, Thessaloniki, Greece; 9 Pneumology, Institute for Pulmonary Diseases, Belgrade, Serbia; ¹⁰ Department of Respiratory Medicine, Maastricht University Medical Center, Maastricht, Netherlands; 11 Pneumology, Hospital Clinic, Barcelona, Spain; 12 Clinical Diagnosis, Thermo Scientific Biomarkers, Hennigsdorf, Germany and ¹³ Pneumology, Hospital of Aarau, Aarau, Switzerland.

Body: BACKGROUND Despite its therapeutic relevance, the relationship between chronic sputum production (SP) and airway bacterial infection in COPD remains poorly defined. We hypothesize that the risk of future events differs between patients with and without chronic bacterial infection within those categorized as bronchitic phenotype in stable COPD METHODS We prospectively evaluated 638 patients with stable COPD for ≥ 6 weeks, > 10 PY and GOLD II-IV seeking care in pulmonary tertiary hospitals in 8 European countries and included in the PROMISE cohort. SP and microbiology were assessed at baseline and each semi-annual visit for a median observation time of 24 months RESULTS At baseline, spontaneuous sputum samples were obtained in 241 (65.0%) of the 371 patients reporting chronic bronchitis. Potentially pathogenic bacteria were isolated in 54 (30.7%) and ruled out in 122 cases with representative sputum specimens. The annual deterioration of dyspnea scores and lung function, health-related QoL, peripheral oxygenation and exercise capacity were similar in patients with and without

chronic bacterial airway infection. Conversely, patients with SP presented higher annual exacerbation rates, irrespective of the presence or absence of chronic bacterial airway infection. In the multivariable regression analysis, SP with positive (OR 2.39, p=0.004) and negative (OR 1.58, p=0.032) microbiology, and FEV1% pred (OR 0.99, p=0.0093) but not age adjusted Charlson score (OR 0.92, p=0.091) remained independently associated with frequent exacerbations (≥2/year) CONCLUSION Spontaneous SP is associated with higher exacerbation rates independently of chronic bacterial airway infection.