## European Respiratory Society Annual Congress 2012

Abstract Number: 369 Publication Number: P3431

Abstract Group: 1.11. Clinical Problems - Asthma Keyword 1: Asthma - mechanism Keyword 2: Chronic disease Keyword 3: Biomarkers

Title: The relationship between the serum YKL-40 level and severity of asthma

Dr. Serap 2758 Duru akcalis@hotmail.com MD , Dr. Gulbahar 2759 Yuce yucegulbahar@yahoo.com.tr MD , Dr. Arif 2760 Kelesoglu karif961@yahoo.com.tr MD , Dr. Tugba 2761 Kaplan drtugba\_ankara@hotmail.com MD , Dr. Melike 2762 Erdem melie\_erdemmm@hotmail.com MD , Dr. Erdem 2763 Agca kayli.duru@hotmail.com MD , Dr. Murat 2764 Kizilgün haliduru@ttmail.com MD , Dr. Fatma 2765 Kara serapduru@yahoo.com MD and Dr. Sadik 2766 Ardiç sadikardic@yahoo.com MD . <sup>1</sup> Chest Diseases, Diskapi Yildirim Beyazit Education and Research Hospital, Ankara, Turkey ; <sup>3</sup> Diskapi Yildirim Beyazit Education and Research Hospital, Ankara, Turkey and <sup>4</sup> Department of Biochemistry, Ankara Pediatrics Hematology and Oncology Hospital, Ankara, Turkey .

**Body:** AIM: The aim of this study was examined a relationship between the serum YKL-40 (chitinase-3-like-1) level and severity of asthma. METHODS: In the study, 90 female non-smoker and without additional disease patients (ages 20-66) in a stable and exacerbation period for asthma were grouped as Group I: Stable mild persistent asthma (n: 30), Group II: Stable moderate and severe persistent asthma (n:30), Group III: Exacerbation period (n:30). The differences of the serum YKL-40 level among all the groups were examined with ELISA. Also, in the patient groups with asthma, the serum YKL-40 level was compared with age, age of asthma, body mass index (BMI), forced expiratory volume in first second (FEV1), peak expiratory flow (PEF), total IgE results. One-way analysis of variance was used to examine differences between groups. Pearson's correlation coefficient was used for correlation between variables. RESULTS: The serum YKL-40 levels during asthma exacerbation period were found the highest average (36.36  $\pm$  10.49 ng / ml) while the serum YKL-40 levels were found the lowest average (13.20  $\pm$  5.60 ng / ml) in stable mild persistent asthma have (p <0.05). There was a negative correlation the serum YKL-40 leves and FEV1, PEF in exacerbation period (p<0.05). There was no correlation between the serum YKL-40 leves and other variables in three groups. CONCLUSION: Increased the serum YKL-40 may be a marker used to evaluate the level of asthma severity.