European Respiratory Society Annual Congress 2012

Abstract Number: 1530

Publication Number: P2162

Abstract Group: 5.1. Airway Pharmacology and Treatment

Keyword 1: Bronchodilators Keyword 2: COPD - diagnosis Keyword 3: Asthma - diagnosis

Title: How frequent is bronchodilator reversibility in patients with stable asthma bronchiale and chronic obstructive lung disease (COPD) receiving maintenance therapy?

Dr. Veronika 5336 Muller mulver@pulm.sote.hu MD ¹, Dr. Gabriella 5337 Galffy ggalffy@hotmail.com MD ¹, Dr. Marta 5338 Orosz omarta@pulm.sote.hu MD ¹, Dr. Zsuzsanna 5339 Kovats tskovacs@frremail.hu MD ¹, Prof. Dr Gyorgy 5340 Losonczy losonczy@pulm.sote.hu MD ¹ and Dr. Lilla 5341 Tamasi tamasi@sterling-comsulting.org MD ¹. ¹ Department of Pulmonology, Semmelweis University, Budapest, Hungary, 1125 .

Body: Lung function measurement is the most important tool in the diagnosis and differentiation of obstructive lung diseases. While asthma is characterized by variable bronchial obstruction, increase of airway resistance is mostly irreversible in COPD. As response to short acting bronchodilators seems highly variable, we tested bronchodilator reversibility in stable asthma and COPD patients receiving standard care. In patients treated with stable COPD (N=77, male: female=43:57%, age: 62,0±3,5 years) or asthma (N=57, male: female=33:67%, age: 46,6±7,4 years) pre- and postbronchodilator values of bodypletysmography measurements were analyzed using 400 ug salbutamol via easyhaler® (Buventol, Orion Pharma, Finland) during their regular out-patient visit. Smoking was significantly more common in COPD than asthma patients (90 vs. 37%; p<0.05). Airway obstruction was more severe in COPD patients as compared to asthmatics (FVC: 2,38±0,26 vs. 3,14±0,43 L; FVC%: 72,6±5,1 vs. 87,4±6,4; FEV1: 1,45±0,21 vs. 2,13±0,31 L; FEV1%: 53,5±5,2 vs. 70,3±5,5, p<0.05). Reversible airway obstruction was present in 26% of COPD and 36% of asthma patients. Average response to salbutamol was similar in COPD patients regarding FVC (FVC: 195±22 vs. 189±25 ml; FVC%: 6,34±0,71 vs. 5,89±0,77), while smaller in FEV1 (FEV1: 126±17 vs. 254±30 ml; FEV1%: 4,97±0,69 vs. 8,67±0,88; p<0,01). High proportion of COPD patients, whereas low proportion of asthmatics on regular treatment is showing ATS/ERS guideline defined reversibility using salbutamol easyhaler. Re-evaluation of diagnosis and/or therapy might follow these results.