

original finding) may also contribute to the detrimental effects of air travel [4].

In conclusion, we believe that oxygen saturation levels obtained in real life may be very useful for monitoring the health impact of flying and an important measurement to better determine patients at risk.

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STATEMENT OF INTEREST

None declared.

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Diffuse panbronchiolitis

To the Editors:

McGrath *et al.* [1] recently reported the case of a middle-aged Caucasian female with a diagnosis of diffuse panbronchiolitis (DPB) and highlighted the difficulties of securing such a diagnosis in populations in which it is rarely described, *i.e.* those of Western/non-Asian origin. This was in response to a narrative review by Poletti *et al.* [2] describing current diagnostic criteria and demographic features. We would like to emphasise this point in describing the case of a 45-yr-old English-born Caucasian male who was recently assessed and

treated at our centre. The patient was a lifelong nonsmoker with no Asian ancestry and had never travelled outside Europe. He had been referred to the respiratory clinic by his primary care physician on account of a 3-yr history of worsening exertional breathlessness and chronic productive cough associated with persistent, purulent rhinorrhoea. His symptoms had persisted and indeed worsened in the face of treatment with a high dose inhaled corticosteroid (ICS) used in conjunction with a long-acting β_2 -agonist (LABA) with repeated courses of oral corticosteroids. At first assessment, bibasal crackles and wheeze were present on examination of the chest. Spirometry revealed a moderately severe obstructive pattern with a forced expiratory volume in one second (FEV₁) of 1.7 L (55% pred), a forced vital capacity (FVC) of 3.1 L (78% pred). Plain chest radiograph revealed bibasal nodular infiltrates and *Haemophilus influenzae* was isolated on culture of sputum and bronchoalveolar lavage fluid. High-resolution



FIGURE 1. High resolution computed tomography image showing extensive small airway plugging with a “tree-in-bud” pattern (white arrowheads) associated with early lower lobe bronchiectasis (white arrow).

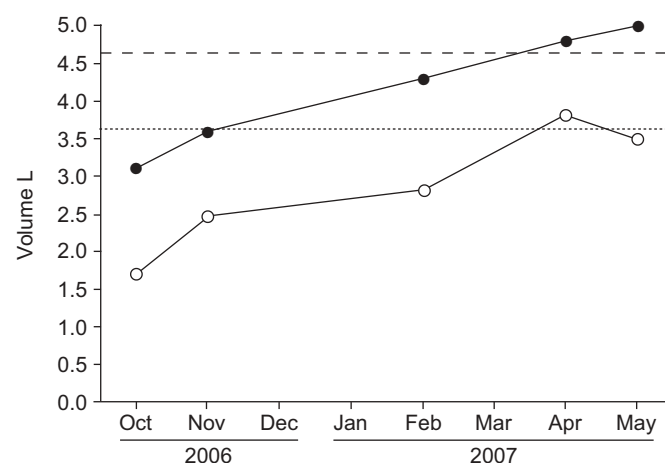


FIGURE 2. Forced expiratory volume in one second (FEV₁; ○) and forced vital capacity (FVC; ●) from October 2006 to May 2007 of a 45-yr-old English-born Caucasian male.: predicted FEV₁; - - - -: predicted FVC.

computed tomography demonstrated extensive small airway plugging with a "tree-in-bud" pattern associated with early lower lobe bronchiectasis (fig. 1). A clinical diagnosis of DPB was made and he commenced 500 mg of erythromycin twice daily. Over the course of the following 6 months, he experienced a dramatic improvement; his productive cough and rhinorrhoea resolved completely, exercise tolerance returned to normal, and lung field infiltrates on plain chest radiograph resolved while his FEV₁ and FVC improved to supra-predicted values (fig. 2). During this period, his ICS/LABA therapy was not altered. Over the following period the erythromycin dose was reduced to 250 mg twice daily, but within a few weeks he had experienced a recurrence of symptoms and a small, but persistent, drop in FEV₁. This improved on increasing the erythromycin dose to 500 mg twice daily, which he remains on at the present time. Although the patient did not undergo surgical lung biopsy, the clinico-radiological presentation and response to macrolide therapy is highly consistent with a diagnosis of DPB.

This case highlights the importance of considering this rare illness in patients of non-Asian origin who present with difficult airways disease. Without appropriate macrolide

therapy, the patient faces the prospect of a disease characterised by inexorable decline and early death; however, with appropriate therapy the patient can expect a far better prognosis and quality of life.

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STATEMENT OF INTEREST

None declared.

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Cannabis and lung cancer

To the Editors:

The elegant and eminent study by ALDINGTON *et al.* [1] of the Cannabis and Respiratory Disease Research group is to be welcomed at a time when, as the authors rightly point out, there are many suggestive case studies and clinical series on lung cancer, and indeed other tumours, occurring particularly at younger ages in past and present smokers of cannabis. The authors' careful methodology and succinct summary of much of the relevant literature in relation to this subject is a relevant and timely addition to the literature, particularly in the context of increased interest in this subject in both lay and professional circles.

The point made by ALDINGTON *et al.* [1] in relation to the lack of research into the molecular underpinnings of cannabis-related oncogenesis is particularly relevant at a period in research history when the molecular bases of disease have received unprecedented attention. It is to be expected that their elucidation might lead to better understanding of the mechanisms of common disorders including cancer and, in time, improved therapeutics. Interestingly, cannabis use also featured in our case review of malignant and pre-malignant disorders of the cervix uteri in an addicted population [2].

From the vast published literature on cannabis, several main pathways emerge as being most relevant to oncogenesis in addition to the obvious factors related to carcinogen content and smoking technique. Cancer is defined as a disorder of uncontrolled cell growth, and mechanisms of DNA toxicity and

dysregulated DNA replication are its genetic hallmarks. Damage to DNA, therefore, as might occur with free oxygen- and nitrogen-centred radicals, is relevant to molecular pathogenesis. Indeed, normal signalling of the endogenous cannabinoid ligand, anandamide, *via* the oxidative damage of guanine to 6-oxoguanine and its routine restoration by base excision repair has been described in cultured cells [3]. Free radical generation both at receptor binding (S.T. Carney, North Carolina Central University, Durham, NC, USA; personal communication) and by mitochondrial uncoupling [4] has been demonstrated.

Cannabis is widely acknowledged to stimulate the mitogen activated protein kinase (MAPK) pathway, which is a major stimulant of developmental and malignant cell growth. MAPK dysregulation has been identified clinically in tuberous sclerosis, neurofibromatosis and acute myelomonocytic leukaemia (AMML), and greatly increased incidences of AMML have been identified in paediatric populations after *in utero* maternal exposure to cannabis [5]. There are reports in sub-acutely "stoned" animals (a use pattern reminiscent of that seen in many patients) that heavy cannabis use is associated with severe telomeric (end-chromosomal) damage in male germ cells [6]. The burgeoning literature on telomeres demonstrates that this field is intimately involved in pathways of both ageing and tumorigenesis. Key DNA repair enzymes topoisomerase II [7] and Rad51 have been shown to be inhibited by cannabinoids. Germ line chromosomal abnormalities in addition to MAPK stimulation constitute putative pathways of inheritable oncogenesis.