

# Impact of methicillin resistance on mortality in *Staphylococcus aureus* VAP: a systematic review

Z. Athanassa\*, I.I. Siempos\* and M.E. Falagas\*,<sup>#,¶</sup>

ABSTRACT: The aim of the present study was to estimate the impact of methicillin resistance on mortality in ventilator-associated pneumonia (VAP) due to *Staphylococcus aureus*.

PubMed, Scopus and the bibliographies of the eligible studies were searched. The DerSimonian-Laird random effects model was used to determine the effect of methicillin resistance on mortality.

Eight articles were included. Crude in-hospital mortality was higher in patients with VAP due to methicillin-resistant *S. aureus* (MRSA) than in those with VAP due to methicillin-sensitive *S. aureus* (MSSA). This was also the case for crude intensive care unit mortality. However, three of the selected studies, which adjusted for potential confounding factors, including adequacy of empirical treatment and severity of illness, demonstrated no difference in in-hospital mortality between patients with MRSA and MSSA VAP. This was not the case for another eligible study that also made adjustment, but for confounders other than those shown above.

The limited available evidence seems to suggest that methicillin resistance is associated with death among persons acquiring *Staphylococcus aureus* ventilator-associated pneumonia. However, although supported by even more limited data, adjustment for risk factors suggests that this association may not be causal, but probably due to confounders, such as the adequacy of empirical treatment and severity of illness.

KEYWORDS: Antimicrobial resistance, critical illness, healthcare-associated pneumonia, morbidity, nosocomial pneumonia, survival

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Received: July 02 2007 Accepted after revision: October 17 2007

STATEMENT OF INTEREST None declared.

ost experts appear to agree that infections due to drug-resistant pathogens result in poorer clinical and economic outcomes as opposed to those due to sensitive strains [1-3]. With regard to Staphylococcus aureus infections, this opinion relies mainly on the findings of a recent meta-analysis of studies published during 1980-2000 comparing the mortality of patients with methicillin-resistant S. aureus (MRSA) and methicillin-sensitive S. aureus (MSSA) bacteraemia [2]. By accumulating data from 31 studies, this analysis revealed that mortality was higher in patients with MRSA bacteraemia than in those with MSSA bacteraemia, with a pooled odds ratio (OR) of 1.93 (95% confidence interval (CI) 1.54-2.42) [2]. Interestingly, a number of more recent studies have confirmed these findings [4, 5].

However, methodological flaws in the studies included in the above meta-analysis [2] may limit its conclusions. Indeed, the authors of the analysis clearly stated that the individual studies did not provide specific data regarding the adequacy of the initially administered antimicrobial regimen, which probably confounds the relationship between methicillin resistance and fatality [6, 7]. In addition, they considered as questionable the quality of adjustment for severity of illness of bacteraemic patients in the selected studies, mainly because of the lack of a validated method for this purpose. Thus scepticism remains as to whether methicillin resistance influences patient outcome, a scepticism further enhanced by the paucity, to date, of investigations establishing a definitive association between antimicrobial resistance and *S. aureus* virulence [8, 9].

The impact of methicillin resistance on mortality has also been addressed in patients with *S. aureus* ventilator-associated pneumonia (VAP). Studies exploring this issue have produced conflicting results, thereby further fuelling the controversy. VAP is the most common infection in the intensive care unit (ICU) setting, accounting for

European Respiratory Journal

Print ISSN 0903-1936

Online ISSN 1399-3003

almost a third of total nosocomial infections [10, 11]. *S. aureus* has been recognised as one of the most common pathogens isolated in patients with VAP, and the prevalence of methicillin-resistant strains is increasing [12]. Thus elucidation of the impact of resistance on patient outcome may be essential in defining the prognosis of the individual patient with *S. aureus* VAP.

Thus attempts were made to exploit the available evidence in order to quantify the effect, if any, of methicillin resistance on mortality in patients with VAP due to *S. aureus*. A systematic review and analysis of the accumulated data were performed for this purpose.

#### **METHODS**

#### Data sources

A systematic literature search of PubMed and Scopus was conducted (during February 2007) to trace relevant studies. The search terms used were: ("ventilator-associated pneumonia" OR "ventilator associated pneumonia" OR "nosocomial pneumonia" AND "methicillin". The search was also repeated using the term "oxacillin" instead of "methicillin". In an attempt to increase completeness, the bibliographies of the articles initially retrieved were also hand-searched. Abstracts of conference proceedings were not sought and no restriction was set on publication date or language.

#### Study selection

The literature search was performed independently by two investigators (Z. Athanassa and I.I. Siempos). Both observational and interventional studies were considered eligible if they provided data on the mortality of patients with MRSA and MSSA VAP. Reports investigating nosocomial pneumonia were included in the present analysis only if  $\geq$ 75% of the study population had received mechanical ventilation.

#### Data extraction

The studies were independently reviewed by two investigators (Z. Athanassa and I.I. Siempos). The following data were extracted: first author, year of publication, country, study design, type of ICU, study population, number of patients with S. aureus VAP, and types of culture used for confirmation of the S. aureus VAP diagnosis. In addition, data were collected on the number of patients, mortality and length of ICU stay after VAP onset in the MRSA and MSSA VAP groups. Factors thought to act as potential confounders (mean age, sex, underlying diseases, severity of illness on ICU admission, adequacy of empirical treatment, length of hospital stay and mechanical ventilation before VAP onset, presence of bacteraemia and presence of an outbreak of MRSA infection) were also recorded [2]. Finally, information dealing with adjusted mortality, methods of adjustment and factors for which mortality had been adjusted were gathered.

## Definitions

#### Outcomes of the systematic review

Crude in-hospital mortality was the main outcome of the present systematic review. Adjusted in-hospital mortality and crude ICU mortality, as well as length of ICU stay after VAP onset, in patients with MRSA and MSSA VAP also served as outcomes of the present study.

#### Ventilator-associated pneumonia

Pneumonia was defined by clinical, laboratory and imaging findings attributed by the authors of the individual selected articles to this infection. When the above findings occurred in patients who had received mechanical ventilation for  $\geq 48$  h, the pneumonia was regarded as ventilator-associated.

#### Data analysis and statistical methods

The number of MRSA (*versus* MSSA) VAP patients who died was divided by the total number of MRSA (*versus* MSSA) VAP patients. Pooled ORs and 95% CIs were calculated using a conservative DerSimonian–Laird random effects model. Heterogeneity among the results of the included studies was tested using the Chi-squared test; a p-value <0.10 was defined as denoting significance in the analysis of heterogeneity.

#### RESULTS

#### Selected studies

The selection process applied to capture the studies included in the present systematic review is depicted in figure 1. The PubMed search yielded 246 potentially relevant reports; 239 of them were excluded for the reasons detailed in figure 1. Two studies [13, 14] enrolled, in large proportion, the same study population (i.e. patients included in the PneumA trial, a multicentric randomised controlled trial comparing 8 versus 15 days of antimicrobial treatment for VAP [15]); thus, one [13] of these two studies was omitted. Three additional potentially relevant reports were found by hand-searching the references of the articles initially retrieved. Two [16, 17] of these three studies were excluded because <75% of the patients enrolled had received mechanical ventilation [16] or because they did not provide specific data on MRSA VAP [17]. Search employing the Scopus database did not reveal any additional reports fulfilling the present inclusion criteria. This was also the case for the search carried out replacing the term "methicillin" with "oxacillin". Thus eight articles [14, 18-24] were included in the present systematic review.

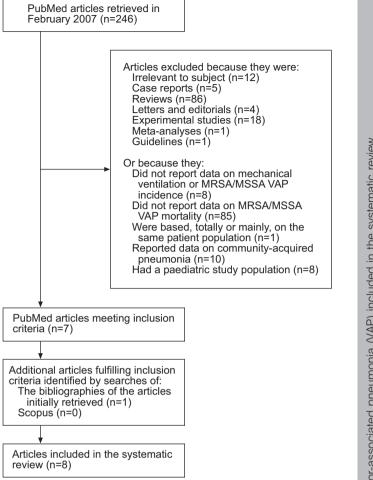
#### Characteristics of the selected studies

The characteristics of the eight selected articles [14, 18–24], representing 2,814 patients with *S. aureus* VAP, are listed in table 1. Their mean (range) cohort size was 154 patients (49–1,851). All were designed as prospective (four out of eight; 50%) [19, 22–24] or retrospective (50%) observational studies [14, 18, 20, 21]. One [14] of the included studies was partly based on the 401 patients included in the previously mentioned PneumA trial [15].

The VAP diagnosis was assessed using clinical, laboratory and imaging findings in three [18, 21, 24] of the eight eligible reports. In contrast, in the remaining five studies [14, 19, 20, 22, 23], VAP diagnostic criteria included microbiological confirmation by qualitative or quantitative culture of respiratory specimens (*i.e.* protected brush or catheter specimen or bronchoalveolar lavage fluid) and/or blood (with the same microorganism isolated from blood and sputum specimens).

#### Study population

The characteristics of the patients of the studies included in the systematic review are depicted in table 2. Compared with



**FIGURE 1.** Flow diagram detailing reviewed articles and exclusion. MRSA: methicillin-resistant *Staphylococcus aureus*; MSSA: methicillin-sensitive *Staphylococcus aureus*; VAP: ventilator-associated pneumonia.

patients with MSSA VAP, patients with MRSA VAP were older in six studies [14, 18, 19, 21–23] and their ages did not differ in one [20]. The other study [24] did not give relevant data. The MRSA and MSSA groups were similar regarding sex in five [14, 18, 19, 22, 23] of the eight eligible reports [14, 18–24] that provided such data.

Regarding the incidence of underlying diseases (namely cardiac, respiratory and neurological failure, as well as malignancy and diabetes mellitus) in the patients with pneumonia, data were available for six [14, 18–20, 22, 23] of the eight eligible reports [14, 18–24]. In two studies [18, 23], cardiac [18] and respiratory failure [23] were more common among patients with MRSA (compared with MSSA) VAP, whereas, in two other reports [19, 22], neurological failure was more prominent in patients with MSSA (compared with MRSA) VAP. Severity of illness on admission was assessed in five [14, 18–20, 22] of the eligible studies; no differences were shown between comparators. As opposed to patients with MSSA VAP, those with MRSA had a more prolonged duration of hospitalisation and mechanical ventilation in the included reports giving such data (table 2).

TABLE 1	Characteristic	s of the studies of	Staphylococcus aureus ventil	ator-associa	TABLE 1 Characteristics of the studies of Staphylococcus aureus ventilator-associated pneumonia (VAP) included in the systematic review	the syste	matic review
First author [Ref.]	lef.] Year#	Country	Study design	ICU type	Study population	Patients n	Cultures required <sup>1</sup>
Sновв [18] DE Rүке [20]	2006 2005	USA USA	Retrospective cohort/MC Retrospective cohort/SC	All All	Patients (>18 yrs) with early-onset VAP Patients (>18 yrs) with nosocomial bacteraemic pneumonia due to	154 60 <sup>+</sup>	NA Quantitative: BALF; qualitative: tracheal aspirates, pleural fluid and blood
Gastmeier [21]	2005	Germany	Retrospective surveillance/MC	All	S. aureus Patients with nosocomial pneumonia and bloodstream infections due to	1851 <sup>§</sup>	NA
Zанав [19]	2005	France	Prospective observational/MC	Medical/	S. aureus Patients (>18 yrs) with VAP due to S.	134	Quantitative: BALF or PSB or protected
COMBES [14]	2004	France	Retrospective cohort/ MC	surgical All	aureus Patients (>18 yrs) with VAP due to S.	171	telescopic catneter specimen Quantitative: BALF or PSB specimen
Pujol [22]	1998	Spain	Prospective cohort/SC	Medical/	aureus Patients with VAP due to S. aureus	139	Quantitative: PSB specimen
BELINGS [24]	1998	The Netherlands	Prospective point prevalence/	surgical All	Patients with ICU infections	256	NA
Яецьо [23]	1994	Spain	Prospective cohort/ MC	Medical/ surgical	Patients with VAP due to S. aureus	49	Quantitative: PSB specimen
ICU: intensive care uni diagnosis of S. aureus mechanical ventilation.	are unit; MC: m aureus VAP; *: 8 tilation.	ICU: intensive care unit; MC: multicentre; NA: not available/not applidiagnosis of S. aureus VAP; <sup>+</sup> : 83.3% of patients with nosocomial S. mechanical ventilation.	ilable/not applicable; SC: single cer nosocomial S. <i>aureus</i> pneumonia v	ntre; BALF: br vere receivinç	onchoalveolar lavage fluid; PSB: protecte	ad specime ents with n	ICU: intensive care unit; MC: multicentre; NA: not available/not applicable; SC: single centre; BALF: bronchoalveolar lavage fluid; PSB: protected specimen brush. <sup>#</sup> : of publication; <sup>1</sup> : for confirmation of diagnosis of S. aureus VAP; <sup>+</sup> : 83.3% of patients with nosocomial S. aureus pneumonia were receiving mechanical ventilation; <sup>5</sup> : 91.6% of patients with nosocomial S. aureus pneumonia were receiving mechanical ventilation; <sup>5</sup> : 91.6% of patients with nosocomial S. aureus pneumonia were receiving mechanical ventilation.

First interval interva											
Adequate manificial treatment admissionIndertying severity on chained admissionUndertying severity severity severity severity severity severity severity admissionMate severity		Poter	ntial confound	ers					0	Outcomes	
NA     NS     More MRSA     74 (64-81)     NS     NS       E     Less in MRSA     NS     NS     More MRSA     58.4±13.9     NA     NS       MRSA     NA     NA     NA     NA     NA     NA       NS     NS     NS     NA     NA     NA     NA       NS     NS     NS     NS     NS     NS     NS       NS     NS     NS     MSA     (49-74) <sup>++</sup> (49-74) <sup>++</sup> NA       MS     NS     NS     NS     S8±20 <sup>++</sup> (49-74) <sup>+++</sup> S8±20 <sup>++</sup> NA       MS     NS     NS     NS     NS     NA     NA     NA  <			Bacteraemia	ICU LOS before VAP onset	MV duration before VAP onset	Outbreak	Outbreak Polymicrobial ICU LOS infection after VAP onset days <sup>1</sup>	ICU LOS after VAP onset days <sup>1</sup>	Crude in- hospital mortality n/N (%)	Adjusted in- hospital mortality OR (95% CI)	Adjustment factors
KE     Less in MRSA group**     NS     58.4±13.9 versus group**     NA     NS       EIEN     NA     NA     Higher in MRSA group***     NA     NA     NA       INS     NS     NS     More MSSA group***     NS     NS     NS       INS     NS     NS     More MSSA group***     NS     NS     NS       INS     NS     NS     More MSSA NF##     (49-74) <sup>1+</sup> NS     NS       INS     NS     NS     NS     NS     NS     NS       INS			SN	NA	NA	AN	S	7 (3-16) versus 7 (3-12)	17/59 (29) versus 34/ 95 (36)	AN	NA
EER     NA     NA     NA     Higher in MRSA group***     NA     NA       NS     Ns     Ns     Ns     Ns     Ns     Ns       NS     Ns     Ns     Ns     Ns     Ns       NS     Ns     Ns     Ns     Ns     Ns       NS     Ns     Ns     Ns     Ns     Ns       Ns     Ns     Ns     Ns     Ns     Ns       Ns     Ns     Ns     Ns     Ns     Ns       Ns     Ns     Ns     Ns     Ns     Ns       Ns     Ns     Ns     Ns     Ns     Ns       Ns     Ns     Ns     Ns     Ns     Ns       Ns     Ns     Ns     Ns     Ns			SZ	S	NA	No	AN	16 versus 16	23/42 (55) versus 10/ 18 (56)	NS <sup>§</sup>	NA
NS     NS     More MSSA     68 (57-77)     NS     NS     NS       pts with NF##     versus 63 (49-74)**     versus 63 (49-74)**     NS     NS       S     NS     NS     NS     Versus Versus 58±20**     NS     NS       Z2     NA     NS     More MSSA     54.6±19.7     NS     NA       R     NA     NS     More MSSA     54.6±19.7     NS     NA       S     NA     NS     More MSSA     54.6±19.7     NS     NA       A3     NA     NA     NA     NA     NA     NA			NA	NA	NA	AN	AN	NA	59/349 (17) versus 105/ 1502 (7)	2.62 (1.69– 4.02)	Age, sex, hospital size/type, ICU type, time before infection
NS     NS     64±16     NS				More pro- longed in MRSA group <sup>ff</sup>	Ϋ́	Ч Z	Less in MRSA group###	15 (7–32) versus 17 (6–34)	41/69 (59) versus 26/ 65 (40)	1.51 (0.56– 4.08)	Adequacy of empirical treatment, illness severity, age, polymicrobial
NA NS More MSSA 54.6±19.7 NS NA pts with versus NF <sup>11</sup> 43±20.6 <sup>\$5</sup> NA NA NA NA NA NA NA			ğ	Υ.	More pro- longed in MRSA group***	°Z	۶	30.2±22.5 versus 26.5±16.4	36/74 (49) versus 28/ 97 (29)	1.72 (0.73– 4.05)	Adequacy of empirical treatment, illness severity, age, MV duration before VAP onset, presence of bacteraemia
NA NA NA NA NA NA			NA	More pro- longed in MRSA group***	More pro- longed in MRSA group***	Yes	More in MRSA	NA	23/41 (56) versus 37/ 98 (38) <sup>f</sup>	AN	A
		AN		More pro- longed in MRSA group*	NA	AN	AN	AN	37/112 (33) versus 42/ 144 (29)	Ч	NA
ReLLO     NA     More MRSA     60 versus     NS     NS       [23]     pts with     44*     RF*     RF*	ore MRSA 60 versu: pts with 44* RF*			AN	More pro- longed in MRSA group*	o Z	ŝ	AN	8/11 (73) versus 11/ 38 (29) <sup>f</sup>	NA	NA

# Mortality

The outcome data of the studies included in the systematic review are presented in table 2. Among 2,814 patients with *S. aureus* VAP, 757 (27%) patients had MRSA VAP. With respect to the follow-up period for mortality, one [21] of the selected studies did not provide relevant information, whereas another [19] reported on both in-hospital and ICU mortality. In the remaining articles, this period was extended up to 6 weeks after VAP onset [24] or ICU discharge [22, 23] or hospital discharge [14, 18, 20].

## Crude in-hospital and ICU mortality

The crude in-hospital mortality was higher in patients with VAP due to MRSA as opposed to MSSA (OR 1.79 (95% CI 1.210–2.65); data from eight reports [14, 18–24]; table 3 and fig. 2). This was also the case for crude ICU mortality (OR 2.49 (95% CI 1.54–4.06); data from three reports [19, 22, 23]).

Subgroup analysis was performed after exclusion of the study that provided the largest number of patients, and that did not provide certain essential clinical (such as mortality during the follow-up period) and microbiological data (*i.e.* types of culture, if any, used for confirmation of the VAP diagnosis) [21]. Even after the exclusion of the above study, the finding of the main analysis did not change substantially (OR for crude in-hospital mortality 1.62 (95% CI 1.06–2.48), with data from seven reports [14, 18–20, 22–24]).

# Adjusted in-hospital mortality

In four [14, 19–21] of the eight reports included in the present review, mortality was adjusted for potential confounding factors, such as the adequacy of the empirical treatment [14, 19], severity of illness [14, 19], age [14, 19, 21], presence of bacteraemia [14] and duration of mechanical ventilation before [14] (table 2). One

	<i>aureus</i> ver		ated pneumo	<i>hylococcus</i> nia
First author [Ref.] Year#		Crude in-hosp n/	-	Weight %
		MRSA	MSSA	
SHORR [18]	2006	17/59	34/95	12.91
DE RYKE [20]	2005	23/42	10/18	7.97
GASTMEIER [21]	2005	59/349	105/1502	18.83
ZAHAR [19]	2005	41/69	26/65	13.08
Combes [14]	2004	36/74	28/97	13.99
Pujol [22]	1998	23/41	37/98	12.35
IBELINGS [24]	1998	37/112	42/144	15.65
Rello [23]	1994	8/11	11/38	5.22
Overall		244/757	293/2057	100

MRSA: methicillin-resistant *S. aureus*; MSSA: methicillin-sensitive *S. aureus*. <sup>#</sup>: of publication.

Of the four studies that were adjusted [14, 19, 20, 21], three [14, 19, 20] failed to reveal a difference in in-hospital mortality between patients with MRSA and MSSA VAP (table 2). In contrast, in the remaining study [21], the mortality of patients with MRSA VAP remained higher than for those with MSSA VAP, even after adjustment (OR 2.62 (95% CI 1.69–4.02)). However, it should be noted that the latter study [21] differed from the above in that it was adjusted for factors other than the adequacy of the initial treatment and severity of illness.

# Length of ICU stay after VAP onset

Data on the length of ICU stay after VAP onset were available for four [14, 18–20] of the studies included in the present review. In three studies [14, 19, 20], there was no difference regarding length of stay between the compared groups, whereas, in the remaining study [18], length of ICU stay after VAP onset was more prolonged in the MRSA than in the MSSA group (table 2).

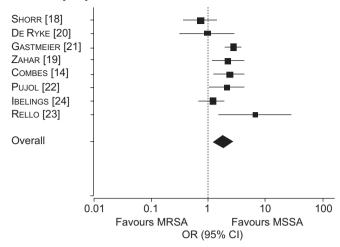
# DISCUSSION

The findings of the present systematic review suggest that both the in-hospital and ICU mortality of patients with VAP due to *S. aureus* were higher in the presence than in the absence of methicillin resistance. Thus they are in line with those of a recent meta-analysis inferring that methicillin resistance is associated with increased mortality in patients with *S. aureus* bacteraemia [2].

However, the results of the current contribution contradict those of two clinical studies on the same issue that did not fulfil the present inclusion criteria [25, 26]. The fact that these two studies did not establish any association between methicillin resistance and excess mortality may not be surprising. Indeed, in the first study [25], >50% of MSSA patients were treated with vancomycin (which was found to be associated with a higher mortality compared with cloxacillin [25]); this could account for their increased mortality and, thereby, the lack of difference between the MRSA and MSSA groups regarding this outcome. It is noteworthy that several investigators have reported that patients with MSSA infections experience worse clinical outcomes when treated with vancomycin rather than a  $\beta$ -lactam [27–29]. In the other study [26], several methodological issues (such as the enrolment of patients not receiving mechanical ventilation, as well as the absence of an accurate microbiological confirmation of the pneumonia diagnosis based on quantitative cultures) might have substantially influenced its findings. Likewise, three [18, 20, 24] of the eight articles included in the present review also demonstrate no relationship between methicillin resistance and mortality in patients with S. aureus VAP. This may also be explained by their small sample size [20] and the considerable proportion of enrolled patients with MSSA nosocomial pneumonia who were treated with vancomycin [20], as well as the missing data regarding the duration of follow-up [18] and microbiological confirmation of S. aureus VAP [18, 24].

The mortality of patients with *S. aureus* VAP varied widely among the individual selected studies, a fact presumably explained by several considerations. For instance, there were





**FIGURE 2.** Forest plot comparing crude in-hospital mortality rates in studies of methicillin resistance *versus* sensitivity in patients with ventilator-associated pneumonia due to *Staphylococcus aureus* and the pooled analysis. Data are presented as odds ratio (OR;  $\blacksquare$  (size reflects weighting)) and 95% confidence interval (CI: horizontal bars). The centre of the diamond represents the pooled OR and its extremities the CI. .....: line of no difference. If OR >1, methicillin-sensitive *S. aureus* (MSSA) is favoured (*i.e.* mortality is lower); if OR <1, methicillin-resistant *S. aureus* (MRSA) is favoured. In testing for heterogeneity of the pooled results that contributed towards the overall mean result,  $X^2$ =18.87 (7 degrees of freedom; p=0.009) and I<sup>2</sup>=62.9%. In testing for overall effect, z=2.91 (p=0.004).

differences in the mean age of patients enrolled in the selected studies. Given that age is an independent risk factor for mortality in patients with *S. aureus* VAP [14, 21], it seems plausible that studies enrolling young patients show low mortality. In addition, data, when available, dealing with the adequacy of empirical treatment and the severity of illness revealed substantial differences among the selected studies. It is also noteworthy that evaluation of the observed differences in severity of illness among the eligible reports could not be accurately performed, due to application of different disease severity indices. Finally, the follow-up periods were not identical among the selected reports; it might be argued that studies with more extended follow-up periods may also report higher mortality.

Another interesting finding of the present contribution is the possible attenuation of the effect of methicillin resistance on mortality when adjusting for adequacy of empirical treatment and severity of illness. It should be emphasised that this is based on only two reports [14, 19] including 305 patients. Even so, this finding may lead to several considerations. The fact that MRSA VAP causes increased mortality, compared with MSSA VAP, does not necessarily prove a causative relationship between methicillin resistance and excess lethality. It has previously been demonstrated that, compared with patients with MSSA bacteraemia, those with MRSA bacteraemia are more likely to be older, have a terminal disease and/or a more debilitated physical condition, require prolonged hospitalisation and mechanical ventilation, and receive inappropriate empirical treatment; it is interesting that, after adjustment for these confounding factors, methicillin resistance was not

independently associated with excess mortality [30, 31]. Thus, it may be difficult to characterise MRSA as a more virulent pathogen than MSSA in terms of mortality, since its presence is associated with increased age [14, 19, 21], severity of illness [25] and inadequate treatment [6], all of which are independently associated with a worse prognosis.

In an attempt to explore the influence of numerous potential confounders on mortality, relevant information was collected from all of the selected studies. As depicted in table 2, in six [14, 18, 19, 21–23] of the eligible reports, patients with MRSA and MSSA differed in terms of age. However, in three [14, 19, 21] of these six studies [14, 18, 19, 21–23], this difference was resolved by performing a multivariable analysis. Furthermore, the evaluation of underlying diseases, a factor potentially influencing mortality, was performed in only six [14, 18-20, 22, 23] of the eligible reports. In addition, the assessment of severity of illness on admission and adequacy of empirical treatment was performed in only five [14, 18, 19, 20, 22] and three [14, 19, 20] of the eligible studies, respectively. Conversely, duration of mechanical ventilation and length of stay before VAP onset were available for three [14, 22, 23] and four reports [19, 20, 22, 24]; they were more prolonged in the MRSA than the MSSA groups. Parameters potentially influencing mortality other than the above, such as the presence of outbreak and polymicrobial status of VAP were assessed in four [14, 20, 22, 23] and five studies [14, 18, 19, 22, 23], respectively. These discrepancies in potential confounding factors presumably reflect substantial differences in patient population among eligible reports and cause difficulties in estimating the impact of methicillin resistance on mortality.

The present authors recognise that the current contribution has limitations. For example, the findings of the present systematic review may be influenced by the study that enrolled the largest number of patients with S. aureus VAP [21]. However, the main findings did not change substantially after exclusion of the above report. In addition, unfortunately, no data regarding the number of patients with early- or late-onset VAP in the MRSA and MSSA groups were provided by the great majority of the eligible reports. Finally, the heterogeneity among the included reports with regard to the factors for which there was adjustment, as well as the fact that, in half of the studies, there was absolutely no adjustment for confounding factors inevitably limit the value of the present evaluation of the available literature. However, in an attempt to investigate the influence of several confounding factors on mortality, relevant information was carefully gathered from all of the eligible reports (table 2); this probably permits the disclosure of possible associations between these factors and mortality.

In conclusion, despite the above mentioned limitations, the present authors believe that the current contribution is of clinical and health economic importance. The limited available and analysed evidence seems to suggest that methicillin resistance may be associated with excess mortality among persons who acquire *Staphylococcus aureus* ventilator-associated pneumonia, a finding that may differentiate the efforts to control methicillin-resistant *Staphylococcus aureus*. However, even more limited evidence exists suggesting that this association is not retained after adjustment for clinically significant potential confounding factors, and, thereby, that

this association may not be causal but probably due to confounders, such as the adequacy of the empirical treatment and severity of illness.

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