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#### Abstract

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Title: Pulmonary vascular reactivity in pulmonary hypertension due to left heart disease

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Body: PURPOSE: Pulmonary hypertension (PH) due to left heart disease (LHD) is the most common subset of PH . It is defined by an increase of mean pulmonary artery pressure (mPAP) $\geq 25 \mathrm{mmHg}$ in the presence of a mean pulmonary capillary wedge pressure (mPCWP) $>15 \mathrm{mmHg}$. In the current guidelines PH due to LHD with a TPG $>12 \mathrm{mmHg}$ is labeled as "out-of-proportion" PH , as opposed to what is labeled as "passive" PH. Recent data have shown that patients with "out-of-proportion" PH and a diastolic pulmonary vascular pressure gradient (DPG) $\geq 7 \mathrm{mmHg}$ have an increased mortality and significant pulmonary vascular disease. We hypothesize that these patients may benefit from vasodilator treatment. The aim of this study was to compare the degree of acute vasoreactivity to inhaled nitric oxide (NO) in "out-of-proportion" PH with a DPG $\geq 7 \mathrm{mmHg}$ to that of "passive" PH and "out-of-proportion" PH with a DPG $<7 \mathrm{mmHg}$. METHODS: A prospective data set of 94 patients with PH due to LHD undergoing first diagnostic right heart catheterizations at rest and after inhalation of 40ppm NO was analyzed. 31 patients were classified as "passive" PH, 28 as "out-of-proportion" PH with a DPG $<7 \mathrm{mmHg}$ and 35 as "out-of-proportion" PH with a DPG $\geq 7 \mathrm{mmHg}$. RESULTS: The strongest decrease of mPAP was observed in patients with "out-of-proportion" PH and a DPG $\geq 7 \mathrm{mmHg}(-5.1 \pm 4.7 \mathrm{mmHg}, \mathrm{p}<0.001)$. In contrast there was no significant change in mPAP in patients with "out-of-proportion" PH and a DPG $<7 \mathrm{mmHg}(-2.2 \pm 5.9 \mathrm{mmHg}, \mathrm{p}=0.075)$. In "passive" PH mPAP did not change upon NO inhalation. CONCLUSION: DPG identifies patients with "out-of-proportion" PH who have significant pulmonary vascular disease that is reactive to inhaled NO.

