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Title: Combining corticosteroids and NK1R antagonists: A new drugs combination to treat allergic diseases

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Body: Introduction. Recently, using the rat mast cell/basophil cell line RBL-2H3, a major model system for the study of FceRI intracellular signaling pathways, we found that optimal pharmacological blocking of autocrine activation of the neurokinin-1 receptor (NK1R) in response to FcERI clustering suppresses antigen-induced 50 % of maximal cell degranulation, and decreases by nearly 50 % antigen-induced maximal cell activation. Aim. To determine whether combining corticosteroids and NK1R antagonist may be a powerful therapeutic combination to control IgE-FcERI complex responses in allergic diseases. Methodology. IgE-sensitized RBL-2H3 cells were incubated with various concentrations of corticosteroids in combination or not with NK1R antagonist prior to FcERI clustering. Cells degranulation and cysteinyl-leukotrienes (Cys-LTs) production were examined. Results: Maximal concentrations of respective corticosteroids decreased by nearly 50 % allergen-induced maximal degranulation and Cys-LTs production in basophils. Pharmacological blocking of NK1R alone has also produced similar inhibitory effects in basophils. Interestingly, the combination of corticosteroids and NK1R antagonist improved both time response and concentration efficacy of corticosteroids with nearly total inhibition of basophil allergic responses. Conclusion: Combining corticosteroids and NK1R antagonist (patent WO2007/096782) is a promising therapeutic combination to increase corticosteroids efficacy while decreasing effective doses, and may give a second "breath" to corticosteroids patents that are no longer protected. Supported by the Canadian Institutes of Health Research.