

# European Respiratory Society Annual Congress 2012

**Abstract Number:** 559

**Publication Number:** P2578

**Abstract Group:** 10.2. Tuberculosis

**Keyword 1:** Tuberculosis - mechanism **Keyword 2:** Public health **Keyword 3:** Children

**Title:** Ethnic differences in the vitamin D levels of foreign-born tuberculosis patients in south London not reflected in patients born in the UK

Ms. Nicole 1633 Penn nicole.penn@kcl.ac.uk <sup>1</sup>, Ms. Sharenja 1636 Ratnakunar sharenja\_r@hotmail.co.uk <sup>1</sup>, Dr. Jessie 1637 Randhawa jessie.randhawa@gstt.nhs.uk MD <sup>2</sup> and Dr. Heather 1756 Milburn heather.milburn@gstt.nhs.uk MD <sup>2</sup>. <sup>1</sup> School of Medicine, King's College London, United Kingdom and <sup>2</sup> Respiratory Medicine, Guy's and St. Thomas' Trust, London, United Kingdom .

**Body:** Vitamin D deficiency is more common in tuberculosis (TB) patients, and within certain ethnic groups. 70% of TB in the UK occurs in foreign-born persons. We investigated the roles of ethnicity and immigration on the vitamin D levels of TB patients in south London. We analysed the vitamin D levels of all patients at the time of diagnosis. We compared results by country of birth, ethnicity, age and length of residency in the UK. There were 470 patients; the mean serum 25(OH)D level was 29.1nmol/L (95% CI 27.2-31.0) and 90.6% had insufficient (<60nmol/L) 25(OH)D levels. Patients born in the Horn of Africa and Indian subcontinent had significantly lower vitamin D levels compared to patients born in the rest of Africa (P<0.001) and Asia (P<0.01). Patients born in Europe had significantly higher vitamin D levels than patients born in Africa (P<0.05) and Asia (P<0.05). Children born in the UK had the highest vitamin D levels (mean 57.4 95% CI 45.6-69.2); this was significantly more than for children born outside of the UK (mean 19.5 95% CI 12.5-26.5, P<0.001).

TB patients born in the horn of Africa and the Indian subcontinent have an increased risk of very low vitamin D levels. As there is little difference in ambient sunshine this raises the possibility of significant differences in diet or genetics. Children born in the UK had high levels of vitamin D not attributed to ethnicity.